

In the stillness of the quiet, if we listen, we can hear
the whisper of the heart giving strength to weakness,
courage to fear, hope to despair.

Howard Thurman

The trees, the flowers, the plants grow in silence.
The stars, the sun, the moon move in silence.
Silence gives us a new perspective.

Mother Teresa

My Lord God, I have no idea where I am going. I do
not see the road ahead of me. I cannot know for
certain where it will end. Nor do I really know
myself, and the fact that I think I am following your
will does not mean that I am actually doing so. But I
believe that the desire to please you does in fact
please you. And I hope I have that desire in all that
I am doing. And I know that if I do this you will lead
me by the right road, though I may know nothing
about it. Therefore I will trust you always though I
may seem to be lost and in the shadow of death. I
will not fear, for you are ever with me, and you will
never leave me to face my perils alone.

Thomas Merton